

Camp Outlook Packing Checklist

The following is a list of things you should bring. This includes what you will be wearing when you arrive. **DO NOT BRING ANYTHING EXTRA!** The weather in the fall and winter can get very cold, especially at night. You will keep warm by wearing layers of clothing that are made from wool or synthetic materials (ex. Polypropylene, polyester, nylon etc.). Cotton clothing is less desirable as it takes a very long time to dry if it gets wet. Please try to pack as much synthetic clothing as possible.

- | | | |
|--|-----|-------------------------------------|
| ___ Winter/insulated jacket and pants | ___ | ___ 2 pairs underwear |
| ___ Long underwear top and bottom | ___ | ___ 4 pairs socks (wool is best) |
| ___ 2 pairs of WARM long pants | ___ | ___ 1 toque |
| (NOT jeans — fleece is best – | ___ | ___ toothbrush and toothpaste |
| sweat pants are fine) | ___ | ___ 1 1L water bottle |
| ___ 2 WARM sweaters (wool or fleece is | ___ | ___ Prescription medications |
| best) | ___ | ___ Winter sleeping bag (*see note) |
| ___ 2 long-sleeve shirts | | |
| ___ 1 pair of warm winter boots | | |
| ___ 1 pair of mitts | | |

Optional Items:

- ___ Flashlight

Prohibited Items:

- | | |
|-------------------------------|-------------------------------|
| - DRUGS AND ALCOHOL | - KNIVES |
| - LIGHTERS AND MATCHES | - CANDY AND FOOD ITEMS |

*Camp Outlook will provide a winter sleeping bag if needed

NOTES:

- Please leave valuables at home (wallets, jewelry, expensive clothing, etc.)
- Please label ALL personal items with your name, as **you are responsible for any lost or stolen goods.**
- Cigarettes will be permitted ONLY if the camper has PARENTAL OR GUARDIAN CONSENT to smoke – please bring a butt bottle with you (a plastic bottle works well).
- Scented products attract BUGS and BEARS!! Please do NOT bring any makeup, deodorant, soaps and/or shampoos, perfumes, or any other smelly products.

Directions to the JDUC from Highway 401:

1. Exit at Division Street.
2. Head SOUTH on Division for about 10 minutes.
3. You will drive past Princess Street (a main street) and continue for 6 more blocks.
4. TURN RIGHT on Union Street and less that one block.
5. You will pass the Physical Education Centre on the right. The next building on the right is the JDUC. You can meet the Outlook staff on the steps of the main Entrance to the JDUC from Union Street.